



EASTERN INSIDER

THE OFFICIAL NEWSLETTER OF THE EASTERN FOOTBALL LEAGUE
PROUDLY BROUGHT TO YOU BY

EASTLAND

 Bendigo Bank



**SEN
1116**
MELBOURNE'S HOME OF SPORT

TROJAN 

 Yarra
Valley
Water

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SMART
CHOOSE
TAP

MID-SEASON DRAFT

DUO SELECTED BY SWANS | Ex-Lilydale junior Cody Hirst and former Vermont and Norwood-listed ruckman Michael Knoll were selected by the Sydney Swans in Monday night's mid-season draft. [CLICK HERE](#) to read more.

FOOTBALL OPERATIONS

OFFICIALS | As per by-law 5.8 (q), clubs are reminded that only four officials and a runner are permitted to stand in the coaches' box. Unless treating injured players, trainers will be asked to stand in the trainers' boxes around the ground.

ADMINISTRATION

RUNNER UNIFORM | Only official EFL runners shorts (purchased only from EFL via Clubdata.com.au) are to be worn in all levels of football.

Fines of \$32.00 are relevant for incorrect runners uniform as per by-law 14.3 (a).

We have shorts and tops in stock if your club needs to purchase these.

JUNIOR FOOTBALL

INTERLEAGUE FIXTURE | The AFL Victoria Metro Junior Development Series commenced on Wednesday, May 29 and will continue across the Queen's Birthday long weekend.

[CLICK HERE](#) for fixture.



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GAME DEVELOPMENT

COACHING ACCREDITATION | A reminder that all coaches need to be accredited and compliant on CoachAFL.

Compliance with coaching accreditation is currently at 96.5% with the national average being 91%.

The option of 'No Coach Selected' is now removed as an option on SportsTG. The correct coach **MUST** be selected on the team-sheet - failing to do so may result in a fine being issued by the League.

REGISTER HERE - <https://coach.afl>.

MEDIA

EFL MOBILE APP | Download the official EFL mobile app for all game-day team lists, fixtures, results, ladders and news. Download Team App on Google Play or App Store and search Footy EFL.

BROADCASTS | Tune in to 1377 SEN+ or video stream on EFL.org.au from 1pm this Saturday as Ferntree Gully hosts South Belgrave in Division 3. The official League podcast, *EFL Insight*, is available each Thursday via EFL.org.au. Listen to *EFL Sunday* from 10am on 1377 SEN+.

TIPPING | Check out the EFL.org.au leaderboard after Round 7, or register for the online competition. **CLICK HERE.**